

Frontiers

For fathers and sons
GRADES 1-4



www.southmont.net

Frontiers is a program of Southmont Foundation, a 501 (c) (3) not-for-profit corporation (www.southmont.net).

The Christian orientation of Southmont's programs is entrusted to the Catholic Prelature Opus Dei (www.opusdei.org).

2019-20
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Frontiers

Why Frontiers?

- The young boys develop basic moral virtues (fortitude, temperance, etc.) through simple talks and fun activities with each other and with their fathers.
- Talks for the fathers show them the importance of developing virtues and strong characters in their sons and give them practical advice on how to do this.
- Fathers have an opportunity to spend meaningful time with their sons.

What happens at Frontiers?

- 10-minute talk for the boys on some aspect of character which the fathers also attend.
- 30-minute creative, fun, and competitive activity for just the boys.
- 30-minute talk for the fathers on the virtues (during boys' activity).
- 60-minute physical activity for boys and fathers together (sports, games, etc.).
- Snack with general socializing among the fathers and sons.
- Throughout the afternoon, a priest is available for Confession.

Who can attend Frontiers?

Fathers and their 1st-4th grade sons.

When does Frontiers take place?

Bimonthly and (normally) on the third Sunday of the month, 1-3 pm.

2019-20 meetings:

September 22

November 17

January 19

March 15

May 17

These dates coincide with the meetings of the Sherpa Club (grades 5-7). The schedules are coordinated so that a father with boys in both programs can attend both activities.

Where does Frontiers meet?

Southmont

170 Montrose Avenue, South Orange, NJ 07079

What is the cost of Frontiers?

For a father and his son: \$100.

(\$50 if the father is also in Sherpa Club)

For each additional son: \$50.

Register online

www.southmont.net