SHERPA FATHER+SON CLUB

2026-27

Fun

Friends

Frontiers

What is Sherpa Club?

Sherpa Club is a club for fathers and their sons in 5th through 7th grade. It teaches the boys to become men of character. They learn to overcome difficulties, to stick to a task until it is finished, to respect others, to aspire to higher ideals. For the fathers, the club provides tools to help them educate their sons to be this sort of man.

www.southmont.net

Sherpa Father-Son Club is a program of Southmont Foundation, a 501(c)(3), not-for-profit corporation (www.southmont.net).

The Christian orientation of Southmont's programs is entrusted to the Catholic Prelature Opus Dei (www.opusdei.org).

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2026-27 SHERPA CLUB MEETINGS

Sept. 20	Dec. 13	March 14
Oct. 18	Jan. 17	April 18
Nov. 15	Feb. 21	May 16

What are the Goals?

For the Boys

- To begin thinking about what kind of men they will be when they grow up
- To learn about some fundamental virtues and how they can live them
- To engage in fun yet manly activities where they can develop their character
- To become friends with other boys who are developing their character

For the Fathers

- To have a chance to be with their sons in a fun atmosphere
- To better understand and articulate the virtues and see how they can help their sons acquire them
- To have more occasions for the conversations they want to have with their sons about deeper subjects

Who can join Sherpa Club?

Fathers and their 5th-7th grade sons. Fathers are expected to attend the monthly meetings with their sons.

What Happens at Club Meetings?

- 20-minute talk for the boys on some aspect of character; the fathers also attend
- 30-minute activity for the boys of a creative or intellectual type like skits, magic tricks, charades, or jeopardy
- 50-minute more physical activity for boys with the fathers: sports or something like repairing bicycle flats or splitting logs and building a fire
- 30-minute talk for the fathers on the virtues (general aspects as well as specific virtues). This occurs during the activity period
- Concluding snack with general socializing of the fathers and sons
- A priest available for Confession throughout the afternoon

More Information

Cost

- For a father and his son: $170
- For each additional son: $85

Dates/Time

The club (normally) meets on the 3rd Sunday of the month from 2:00 - 4:00 pm.

Location

Club meetings take place at

Southmont
170 Montrose Avenue
South Orange, NJ 07079

More Information and Registration

www.southmont.net